

# GARDEN TUB TECHNICAL DOCUMENTATION. TECHNICAL AND OPERATING CONDITIONS.



1. GUARANTEE CARD.
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3. REPAIR AND GUARANTEE INSPECTION CARD.
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### Guarantee card.

Thank you for purchasing the LIFEPOLSKA product. We hope that it will meet your expectations and make your daily life more enjoyable. We guarantee reliable operation and use, in accordance with the technical and operational conditions as specified in the operating manual.

We would also like to inform you that correct installation of the LIFEPOLSKA product, and proper use and maintenance of the devices will ensure failure-free operation for many years.

#### GENERAL TERMS AND CONDITIONS OF THE GUARANTEE:

1. LIFEPOLSKA hereby grants you the guarantee of proper operation of the products in accordance with their technical and operational specifications as specified in the operating manual and installation instructions.
2. Liability under the guarantee applies only to defects arising from causes inherent in the product.
3. The guarantee is valid in Poland and applies to products purchased and installed in Poland.
4. This card, along with the proof of purchase, shall be the basis for guarantee claims.

#### TERM OF THE GUARANTEE.

1. LIFEPOLSKA grants you a guarantee for **12/24 months** from the date of purchase. The guarantee requires operational inspections and maintenance to be carried out. Defects revealed during the term of the guarantee will be repaired free of charge as soon as possible, within at most 21 days from the date of notification of the defect, in accordance with the terms and conditions set forth in this guarantee card, at a sales outlet in which the purchase was made. If it is necessary to import parts required for the repair from abroad, the time limit for removal of the defect may be extended by the time necessary for the import.
2. As a condition of exercising the Buyer's rights under this guarantee, the Buyer shall be required to submit all of the following items:
  - a) correctly filled in guarantee card (the Buyer's data, place of installation, serial number of the device, product name, date of purchase matching the date of sale stated on the proof of purchase, the seller's stamp, the Buyer's signature),
  - b) description of a defect and contact telephone number,
  - c) valid proof of purchase.
3. The guarantee ensures free replacement parts and labour, in accordance with the terms and conditions set out in this guarantee.

#### GUARANTEE EXCLUSIONS

1. Products that have been installed by persons other than those authorized for installation by LIFEPOLSKA
  - A). products that have been installed in a manner not compliant with the instruction manual;
  - B). products the guarantee card or proof of purchase of which has been destroyed or altered;
  - C). damage resulting from:
    - a) use inconsistent with the intended purpose, alterations and structural changes made by the user or by third parties
    - b) use of spare parts other than genuine ones
    - c) overuse of the devices, failing to do maintenance on them,
    - d) use of accessories other than those manufactured by LIFEPOLSKA
    - e) transport
2. Damage to the device by mechanical, thermal, chemical and other factors, caused by actions of the user or by actions of external forces and third parties (e.g., natural wood checks, damage due to lack of maintenance, natural degradation by excessive exposition to sunlight, flood, flooding, lightning strike, fire, etc.).
3. Products without a filled in guarantee card during its validity term.
4. Defects must be reported in writing.
5. Any defective products or parts replaced under the guarantee shall become the property of LIFEPOLSKA.
6. The user has the right to replace the purchased device with a defect-free one if:
  - a) the number of repairs during the guarantee term exceeds four, and yet the device still has the same defects;
  - b) LIFEPOLSKA finds an existing defect to be impossible to rectify.
7. LIFEPOLSKA shall not be liable to the Buyer for loss, damage or destruction of the product resulting from any cause other than defects inherent in the product, and shall not be liable for damage caused by defects in the product other than the damage actually incurred.
8. The rights under the guarantee do not include the Buyer's right to claim reimbursement of lost profits due to product failure.
9. The Buyer has statutory rights under the applicable national laws on the sale of consumer products. This guarantee for a sold consumer product does not exclude, limit or suspend the Buyer's rights arising from the non-conformity of the goods with the contract.
10. Failure to perform operational inspection and maintenance at least once a year. Adjustment of door, pump, etc., impregnation.





SAUNY & BALIE OGRODOWE

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**What are a garden tub and a sauna and what is their purpose?** In Scandinavia and the Far East – from Siberia to China to Japan – saunas and garden tubs have been known for more than 2,000 years. FINNISH SAUNA, HOT TUB or RUSSIAN BANYA have been popular and given their owners lots of joy and health since time immemorial. As the statistics show, in Scandinavia there are 1.5 saunas per family. Recently, they have been gaining popularity throughout Europe and also locally.

Baths in a garden tub and the use of a sauna not only provide relaxation, but also have a beneficial effect on the skin by improving its appearance and condition, and help fight such health issues as:

- respiratory disorders
- cellulite
- obesity
- metabolism issues
- blood circulation issues
- neuroses
- rheumatism, arthritis
- some skin conditions

Sessions in a tub and in a sauna have a relaxing effect and improve general well-being, especially in winter when they boost vitality exceptionally well, and compensate for cold and short days.

#### **Steps of tub and sauna use.**

- 1. YOU MUST NOT USE A SAUNA OR A TUB IF YOU HAVE NOT READ THE INSTRUCTION MANUAL!!!**
2. First, take a shower and thoroughly dry your body before using the sauna – dry skin sweats more.
3. Spread a towel in the sauna so that it is under the entire surface of your body. Assume the most comfortable position for yourself, and, after a few minutes, you can start pouring water onto the stones (following the instruction). It takes about 15 minutes to heat up the body, but the heating-up time varies from person to person. A session in the tub can last longer but keep it within reasonable limits. Again, it varies from person to person.
4. Cool down your body after getting out of the sauna or the tub. You can do it either by getting out into cool air and then cooling yourself down with cool water, or by cooling down your body using only water. After you have started feeling cold, stop cooling down and return to the sauna.
5. Dry your body thoroughly before getting back to the sauna.
6. Repeat this step two more times in the same manner as described in items 2 and 4.
7. The bath or session in the sauna can be complemented by a massage or indoor tanning.
8. You can use essential oils and various accessories in the sauna in accordance with the manufacturer's recommendations.
9. When you have finished the bath or the session, it is important that you rest and replenish fluids, preferably by drinking mineral water, herbal tea or juices.

# INSTRUCTION MANUAL

## (hot tub, hot bath)





**You must not use a tub if you have not read the instruction manual!!!**

Take care of your safety and the safety of the users of your tub. Always remember that you are responsible for the persons under your care.

Electrical systems can be extremely dangerous, especially when used with or near water. Seek advice from a professional or authorized person. Life Polska and its owner shall not be

liable for the use of a sauna or a garden tube. You are using the sauna or the bath at your own responsibility. Before using, consult your doctor for any contraindications.

It is forbidden to touch any heated metal parts as this may cause burns. **Protect your tub by painting it frequently with appropriate surface paints.** Seek advice from a professional. Painting and maintenance must be performed when needed and

appropriate to protect and preserve the tub, but not less frequently than once a year. Use a painting agent that prevents excessive drying and moisture, provides insulation from water and sunlight, and is bactericidal and fungicidal. **Protect your tub against excess moisture and excess sunlight.** When choosing a place in which to install a garden tub, make sure that it is not exposed to sunlight, water, rain, snow and other weather

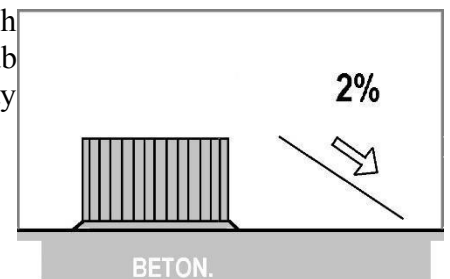
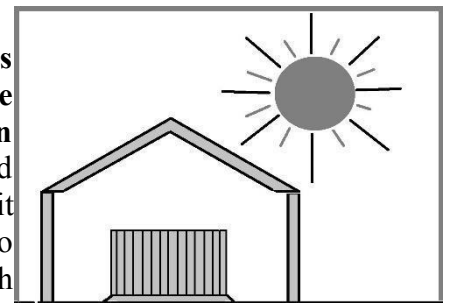
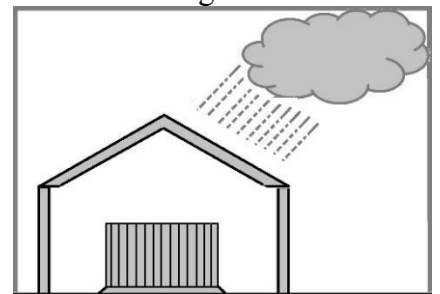
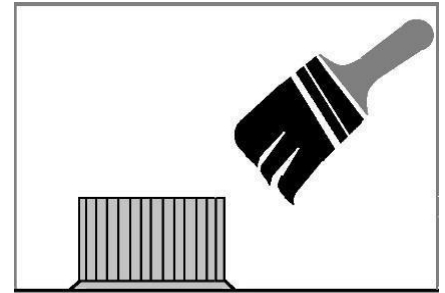
conditions. Lack of care to protect a tub from external factors such as sunlight, water, rain, moisture, fungi, mould, and bacteria can result in its damage in the form of swelling, wood checks, wood cracks and decay.

**The tub should be placed on a concrete slab, paver blocks, paving slabs, hardened fast-drying substrate.**

Ground inclination should be at least 2 cm per 1 m as it enables good drainage of rainwater. The ground should be stable and be able to bear the load of a particular tub model.

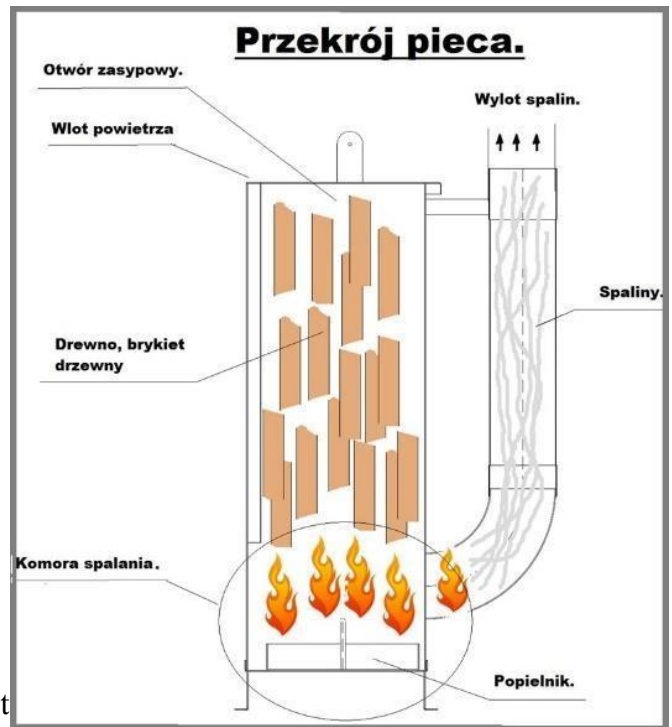
**General principles: After the sauna has been installed but before its first use a chimney inspection and commissioning for use must be performed and a report documenting those activities must be drawn up.** Before using a tub, you must make sure that it is safe for you and whether there are even the slightest contraindications to use it. Therefore, it is advisable that you seek advice from a doctor or other professional. Do not start using the tub on empty stomach or after you have eaten too much

(hot baths in the tub should be taken one or two hours after a meal, depending on how much you have eaten). You should also not use a tub directly after intense mental or physical activity or when you are not fully fit physically or



mentally. It is strictly forbidden to drink alcohol before or during the bath. You can quench your thirst with water, herbal tea or juice.

1. Do not use a tub when you are alone. During preparation, while bathing, and after using the tub, you must be accompanied by at least one person.
2. The tub is made of wood and, like other products made of this material, is prone to mechanical damage and fire.
3. When in the tub, do not stand (overload) on the benches, on stove covers or on any components that can be damaged by being stood on. The user is accountable for damage.
4. Tubs should be located on hardened and even surface and be properly levelled. (slight slope of approx. 2° towards the plug, bung). When choosing the location for a tub, you must ensure that it is placed in a location with little exposition to sunlight or in a shaded location as wood erodes quickly in sunlight, which is not covered by the guarantee.
5. A tub without laminate insert can leak for up to 72 hours and more when it is filled up with water for the first time until the wood is fully swollen. You must control the clamps during expansion so that they are not damaged (pull or release them, but usually you do not have to do anything). A tub may not reach 100% water tightness (maximum allowed water loss is approx. 25 litres per 24 hours when the tub is filled to 75-80 cm from the bottom to water surface). A tub must be 100% watertight when the distance from the bottom to the water surface does not exceed 25 cm.
6. Tubs must be filled with water in such a manner that water does not spill out when you enter the tub and so that water does not enter the stove.
7. Before firing up, the stove should be placed in water. Otherwise it may be damaged due to temperature. A tub may also sustain damage, even when there is too little water. The stove cover is designed so that it can be used for adjusting air inlet during burning.
8. The stove should be fuelled with wood. We recommend dry wood such as beech, oak, hornbeam, etc. or wood briquette.
9. You must not over-fire the stove and the cover must be closed in accordance with its purpose.
10. While firing up the stove, you must exercise extreme caution, wear protective clothing, gloves and eye-protection goggles. First, fire up a small amount of wood on the ash container taken out from the inside of the stove, and then put it back into the stove and only after the stove has been pre-heated can you burn the fuel in the stove in a normal manner.
11. Do not look into the stove while firing it – risk of burns.





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12. The temperature is controlled by adjusting the cover accordingly.

13. Do not touch components of the stove in a tub that protrude above the surface and those that are submerged in water as they can be very hot!!!
14. 35÷ 42°C is assumed to be safe temperature for the user. Tub use time varies from user to user, but keep in mind that you should not spend excessively long time in the tub (it may be dangerous to your health).
15. During a bath in a heated tub there is high humidity, and water density is higher than air density, making the effect of the temperature very powerful. Therefore, the tub also performs the functions of a sauna, so treatments in a sauna and in a tub should not be combined directly.
16. Water must be kept in a tub all the time to prevent wood checks. During freezing temperatures, the unused tub must be emptied of water to prevent it from freezing. Leave approx. 2-3 cm of water at the bottom. Water must be drained completely from a tub with a laminate insert.
17. A tub without water may lose its water-tightness. In such a case, you must pour water onto it so that it regains its moisture and, if necessary, use screws to pull off the clamps and vice versa.
18. To maintain water hygiene, use the same chemicals as for a swimming pool according to their purpose and the instructions provided by their manufacturer.
19. Treat the inside of a tub with a bactericide once a year or more frequently, depending on the intensity of use. Use impregnating agents or wood stain with wax or with PTFE intended for wood for exterior treatment. You can also paint the external surface of a tub with an appropriate wood paint intended for external use.
20. You must not over-fire the stove or leave it unattended. After the session is over, check that the stove has extinguished and whether there is no danger of fire.
21. A tub with accessories such as lighting, jacuzzi system or filter installed requires a professional to connect the electrical system with an electric shock protection system.
22. After each session is over, remove residue of water using a drain valve.
23. Lighting and the filtration system come with their own instructions that must be strictly followed.
24. Use an air dosing dial to increase or decrease the number of “bubbles” in the running jacuzzi.
25. Use a low-voltage switch to switch the lighting on and off.
26. Press the jacuzzi pump switch button to switch on the jacuzzi pump. Keep in mind that water may be present in the hose connecting the switch with the pump controller, which must be immediately removed by blowing out.

